

Publications

Jetske van Heemstra

- **van Heemstra HE**, Scholte WF, Nickerson A, Boelen PA (2020). Can circumstances be softened? Self-efficacy, post-migratory stressors, and mental health among refugees. *International Journal of Environmental Research and Public Health*, 18, 1440.
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- Ghafoerkhan, R. S., **van Heemstra, H. E.**, Scholte, W. F., van der Kolk, J. R., ter Heide, J. J. F., Simone, M., ... & Boelen, P. A. (2020). Feasibility and predictors of change of narrative exposure therapy for displaced populations: a repeated measures design. *Pilot and Feasibility Studies*, 6(1), 1-9. [doi:10.1186/s40814-020-00613-1](https://doi.org/10.1186/s40814-020-00613-1)
- **van Heemstra, H. E.**, Scholte, W. F., Haagen, J. F. G., & Boelen, P. A. (2019). 7ROSES, a transdiagnostic intervention for promoting self-efficacy in traumatized refugees: a first quantitative evaluation. *European Journal of Psychotraumatology*, 10(1).
[doi:10.1080/20008198.2019.1673062](https://doi.org/10.1080/20008198.2019.1673062)
- **van Heemstra, H. E.**, Scholte, W. F., Ehring, T., & Boelen, P. A. (2020). Contextualizing Cognitions: the Relation Between Negative Post-traumatic Cognitions and Post-traumatic Stress Among Palestinian Refugees. *International Journal of Cognitive Therapy*, 1-14. [doi: 10.1007/s41811-020-00066-7](https://doi.org/10.1007/s41811-020-00066-7)